

Kangen Water™ Protocol for Eyes

Supplies:

- Standard Eye Cup (available at any drug store)
- pH 11.5 Strong Kangen Water™

Directions:

1. Upon removing the eye cup from its packaging, soak in Strong Acid Water (pH 2.5) for 1-2 minutes to clean and disinfect
2. Rinse the eye cup thoroughly with Strong Kangen Water™ (pH 11.5)
3. Fill the cup, following package directions, with Strong Kangen Water™ (pH 11.5)
4. Place cup firmly around one eye, keeping your eye open, tilt your head back and gently roll your eye as though you were attempting to look up, down, and from side to side
5. Continue this for approximately 1 minute
6. Now that you have completed one eye, toss the water away
7. Rinse the eye cup thoroughly with Strong Acid Water (pH 2.5)
8. Repeat steps 2-7 for your other eye

Frequency:

- To maintain healthy eyes follow this protocol 1-3 times per week
- When working to improve any eye condition, follow this protocol at least 2 times daily and up to 10 times per day

CAUTION:

Do NOT use Strong Acid Water in your eyes! The natural pH of your tears is quite alkaline, so simply give your body a bit more of what it is designed to use

NOTE: Applying Strong Acidic Water topically around the eyes to kill infections and bacteria such as styes and pink eye has shown to be extremely effective as well as completely safe.